

CONFEDERATION AFRICAINE D'ATHLETISME
Records d'Afrique /African records
HOMMES / MEN

Epreuves Events	Perfor mance	Athletes	Pays / Cou nt	Date of birth	Lieu Venue	Date
100 m	9.77 (+1.2)	Ferdinand Omayala	KEN	02.01.1996	Nairobi	18.09.2021
200 m	19.68 (0.4)	Frank Fredericks	NAM	02.10.1967	Atlanta	01.08.1996
400 m	43.03	Wayde Van Niekerk	RSA	15.07.1992	Rio De Janeiro	14.08.2016
800 m	1 :40.91	David Rudisha	KEN	17.12.1988	Londres (OS)	09.08.2012
1000 m	2:11.96	Noah Ngueny	KEN	02.11.1978	Rieti	05.09.1999
1500 m	3:26.00	Hicham ElGuerrouj	MAR	14.09.1974	Roma	14.07.1998
Mile	3:43.13	Hicham ElGuerrouj	MAR	14.09.1974	Roma	7.07.1999
2000 m	4:44.79	Hicham ElGuerrouj	MAR	14.09.1974	Berlin	7.09.1999
3000 m	7:20.67	Daniel Komen	KEN	17.05.1976	Rieti	01.09.1996
5000 m	12:35.36	Joshua Cheptegei	UGA	12.09.1996	Monaco	14.08.2020
10000m	26:11.00	Joshua Cheptegei	UGA	12.09.1996	Valencia (ESP)	07.10.2020
20000 m	56:26.0	Haile Guebreselassie	ETH	1973	Ostrava	27.06.2007
25.000 m	1.12 :25.4	Moses Ch. Mosop	KEN	7.07.1985	Eugene OR	3.06.2011
30000 m	1:26:47.4	Moses Ch. Mosop	KEN	7.07.1985	Eugene OR	3-06-2011
Heure/ Hour	21.285 km	Haile Guebreselassie	ETH	1973	Ostrava	26.06.2007
3000 m steep chase	7 :53.64	Birmin Kiprop Kipruto	KEN	31.07.1985	Monaco	22.07.2011
110 m Haies	13.11 (+1.8)	Antonio Alkana	RSA	12.04.1990	Praha	05.06.2017
400 m Haies	47.10	Samuel Matete	ZAM	27.07.68	Zurich	7.08.1991
Hauteur /HJ	2.38	Jacques Freitag	RSA	11.06.1982	Oudtshoorn	05.03.2005
Perche / PV	6.03	Okkert Brits	RSA	22.08.1973	Köln	18.08.1995
Longueur/ Long Jump	8.65 (1.3)	Luvo Mayonga	RSA	08.01.1991	Portchefstroom	22.04.2017
Triple S./ Triple Jump	18.07 (i)	Hugues Fabrice Zango	BUR	25.06.1995	Aubière (FRA)	16-01-2021
Poids/ SP	21.97	Jannus Robbert	RSA	10.03.1979	Eugene	02.06.2001
Disque/ DT	70.32	Frantz Kruger	RSA	22.05.1975	Salon De Provence	26.05.2002
Marteau/ Hammer T	81.27	Mostafa Hesham EL Gamal	EGY	1.01.1988	Al-Qâhirah	21.03.2014
Javelot/ JT	92.72	Juluis YEGO	KEN	04.01.1989	Beijing	26.08.2015
Decathlon	8521	Larbi BOURADA	ALG	10-05-1988	Rio De Janeiro	18.08.2016
Décathlon Boys	6753	Ituah Thomas ENAHORO	NGR	15.12.1997	Amerfoort	31.08.2014
4 x 100 m	37.65	Thando Dlodlo-Simon Magakwe-Clarence Munyai-Akani Simbine	RSA	-----	Doha (K.I.S)	04.10.2019
4 x 200 m	1:20.42	Simon Magakwe-Chedrick Van Wyk-Sinesipho Dambile-Akani Simbine	RSA	-----	yokohama	<u>12-05-2019</u>

4 x 400 m	2:57.27	Isaac Makwala-Baboloki Thebe-Zibane Ngozi- Bayapo Ndori	BOT		Stade Ol. Tokyo	<u>7-08-2021</u>
4 x 800 m	7:02.43	Mutai-Yiampoy- Kombich-Bungei	KEN	-----	Bruxelles	23.08.2006
Distance medley relay	9:15.56	<u>Elkanah Angwenyi(1200)</u> <u>Thomas Musembi(400m)</u> <u>Alfred Kirwa Yego</u> <u>(800m)</u> <u>Alex Kipchirchir (1600 m)</u>	KEN	-----	Philadelphia (USA)	29-04-2006
4 x 1500 m	14:22.22	Collin Cheboi-Silas Kiplagat-James Magut-Asbel Kiprop	KEN	-----	Nassau	25.05.2014
5 Km	12:49	Berihu Aregawi	ETH	28.02.2001	Barcelona	<u>31.12.2021</u>
10 Km	26:24	Rhonex Kipruto	KEN	12.10.1999	Valencia	<u>12.01.2020</u>
15 Km	41:13	Leonard Patrick Komon	KEN	10.01.1988	Nijmegen	21.11.2010
20 Km	55.21	Zersenay Tadesse	ERI	08.02.1982	Lisbon	21.03.2010
Semi/half marathon	57.31*	Jacob Kiplimo	UGA	14.11.2000	Lisboa	<u>21.11.2021</u>
30 Km	1.27:13	-Eliud Kipchoge -Stanley Kipleting Biwott	KEN KEN	05.11.1984 21.04.1986	Londres Londres	24.04.2016 24.04.2016
Marathon	2.01:39	Eliud Kipchoge	KEN	05.11.1984	Berlin	16.09.2018
50 Km	02.42.07	Ketema Bekele Negasa	ETH	07.10.1986	Port Elizabeth (RSA)	<u>23.05.2021</u>
100 Km	06.24.06	Bongmusa Mthembu	RSA	27.06.1983	Los Alcazares	27.11.2016
Road relay Relai sur route	1. 57.06	Ndambiri/ Mwangi/ Nyerre/ Kariuki	KEN	-----	Chiba	3.11.2005

MARCHE/WALKING EVENTS

10.000 m <u>Marche/walk</u>	38:24.31	Hatem Ghoula	TUN	07.06.1973	Tunis	30.05.1998
20.000 m <u>Marche/walk</u>	1.22:51.84	Hatem Ghoula	TUN	07.06.1973	Leutkirch	08.09.1994
30.000 m <u>Marche/walk</u>	2.19 :21.4	Hatem Ghoula	TUN	7.06.1973	Reims	12.03.2011
50.000 m <u>Marche/walk</u>	4.21 :44.5	Abdelwahab Ferguène	ALG	18.11.1958	Toulouse	25.03.1984
20 Km <u>Marche/walk</u>	1h 18 :23	Samuel Gathimba	KEN		Nairobi	<u>18.06.2021</u>
35Km <u>Marche/walk</u>	2h 32 :52	Wayne Snyman	RSA		Cape Town	<u>15.01.2021</u>
50 Km <u>Marche/walk</u>	3.35:09	Marc Mundell	RSA	07.07.1983	Dudince (SVK)	<u>20-03-2021</u>

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FEMMES / WOMEN

Epreuves Events	Perf	Athlètes	Pays Count.	Date of birth	Lieu Venue	Date
100 m	10.78 (+1.6) 10.78 (-0.3)	Murielle Ahoure Marie José TA Lou	CIV CIV	23-08-1987 18.11.1988	Montverde(FL) S. O Tokyo	11-06-2016 <u>30.07. 2021</u>
200 m	21.78 +0.6	Christine Mboma	NAM	22-05-2003	Zurich	<u>9-09-2021</u>
400 m	49.10	Falilat Ogunkoya	NGR	12.05.1968	Atlanta	29.07.1996
800 m	1 :54.01	Pamela Jelimo	KEN	05.12.1989	Zurich	29.08.2008
1000 m	2.29.15	Faith Kipyegon	KEN	10.01.1994	Monaco	<u>14-08-2020</u>
1500 m	3.50.07	Genzebe Dibaba	ETH	8.02.1991	Monaco	17.07.2015
Mile	4 :13.31(i)	Genzebe Dibaba	ETH	8.02.1991	Stockholm	17.02.2016
2000 m	5:21.56	Francine Niyonsaba	BDI	05.05.1993	Zaghreb	<u>14.09.2021</u>
3000 m	8:16.60 (i)	Genzebe Dibaba	ETH	8.02.1991	Stockholm	6.02.2014
5000 m	14 :06.62	Letesenbet Gidey	ETH	20.03.1998	Valencia	<u>07.10.2020</u>
10000 m	29.01.03	Letesenbeth Gidey	ETH	20.03.1998	Hengelo	<u>08.06.2021</u>
Heure/ Hour	18.517 km	Dire Tune	ETH	19.06.1985	Ostrava	12.06.2008
20000 m	1h05 :26.6	Tegla Leroupe	KEN	09.04.1973	Mengers- Kirchen	21.09.2002
25000 m	1h27 :05.9	Tegla Leroupe	KEN	09.04.1973	Menger Kirchen	1.08.2002
30000 m	1.45 :50.0	Tecla Leroupe	KEN	09.04.1973	Warstein	06.06.2003
3000 m ST/C	8 :44.32	Beatrice Chepkoech	KEN	06-07-1991	Monaco	20.07.2018
100 m Haies Hurdles	12.42 (+0.4)	Tobi Amusan	NGR	23.04.1997	Zurich	<u>9-09-2021</u>
400 m Haies Hurdles	52.90	Nezha Bidouane	MAR	1969	Sevilla	25.08.1999
Hauteur/ HJ	2.06	Hestrie Cloete	RSA	6.08.1978	Paris Saint D.	31.08.2003
Perche / PV	4.42	Elmarie Guerryts	RSA	25.08.1972	Wesel	12.06.2000
Longueur/ Long Jump	7.17 m	Ese BRUME	NGR	20-01-96	Chula Vista CA (USA)	<u>20-05-2021</u>
Triple S./ Triple Jump	15.39 (0.5)	Françoise Mb. Etonne	CMR	14.04.1976	Beijing	17.08..2008
Poids/ SP	18.43	Vivian Chukwuemeka	NGR	04.03.1975	Walnut	19-04-2003
Marteau/ Hammer	75.49 m	Annette Echikunwoke	NGR	29-07-96	R.P.Drachman s. Tucson AZ (USA)	<u>22-05-2021</u>
Disque / Discus T	64.87	Elizna Naude	RSA	14.09.1978	Stellen- bosch	02.03.2007
Javelot / Javelin T	69.35	Sunette Viljoen	RSA	06.10.1983	New York City	09.06.2012
Heptathlon	6423p	Margaret Simpson	GHA	31.12.1981	Gotzis	25.05.2005

Heptathlon (U18)	5105	Carla JONHSON	RSA	7.05.1997	Pretoria	12.04.2014
4 X 100 m	42.39	Utundu- Idehen-Opara Thomson- Onyali	NGR	-----	Barcelona	07.08.1992
4 x 200 m	1 :30.52	Okagbare-regina G-Duncan D-Christy Udo	NGR	-----	NASSAU	02.05.2015
4 x 400 m	3 :21.04	Afolabi- Yusuf-Cha.Opara- Ogunkoya	NGR	-----	Atlanta	03.08.1996
4 x 800 m	8 :04.28	Janeth Jepkosgei Agatha Jeruto Sylvia Chematui <u>Eunice J. Sum</u>	KEN	-----	NASSAU	24-05-2014
Distance medley relay	10:43.35	<u>Selah Jepleting Busienei (1200 m)</u> <u>Joy Sakari (400 m)</u> <u>Sylvia Chematui Chesebe (800 m)</u> <u>Virginia Nyambura Nganga (1600 m)</u>	KEN	-----	NASSAU	02-05-2015
4 x 1500 m	16:33.58	Mercy Cheron-Faith Kipyegon-Irene Jelagat-Helene Obiri	KEN	-----	NASSAU	24-05-2014
5 Km (wo)	14.44	Senbere Teferi	ETH	03.05.95	Herzogenaurach (GER)	<u>12.09.2021</u>
5 Km (Mx)	14.19	Ejgayehu Taye	ETH	1.02.2000	Barcelona	<u>31.12.2021</u>
10 Km (wo)	30.01	Agnes Jebet Tirop	KEN	23.10.95	Herzogenaurach (GER)	<u>12.09.2021</u>
10 Km (Mx)	29.14	Yalemzerf Yehualaw	ETH	30.08.99	Castello (ESP)	<u>27.02.2022</u>
15 Km*	44.20	Letesenbet Gidey	ETH	20.03.98	Nijmegen (NED)	17.11.2019
20 Km	1h 01 :25	Joyciline Jepkosgei	KEN	08.12.93	Praha	01.04.2017
Semi/half marathon (wo)	1h 05 :16	Peres Jepchirchir	KEN	27.09.93	Gdynia (POL)	<u>17.10.2020</u>
Semi/half marathon (Mx)	1h 02 :52	Letesenbet Gidey	ETH	20.03.98	Valencia	<u>24.10.2021</u>
25 Km	1h19 :53	Mary Jepkosgei Keitany	KEN	18.01.82	Berlin	09.05.2010
30 Km*	1h 36 : 05	Mary Jepkosgei Keitany	ETH	18.01.82	Londres	23.04.2017
Marathon*	2h 14 : 04	Brigid Kosgei	KEN	20.02.94	Chicago	<u>13.10.2019</u>
50 Km	3h 04 :24	Yvette Van Zyl	RSA		Port Elizabeth (RSA)	<u>23.05.2021</u>
100 Km	7h 31 :47	Helene Joubert	RSA	1960	Winschoten	16.09.1995
Relais sur route Road relay	2h 13 :35	KENYA Ongeri-Kimwei-Chepyego-Wanjiku-Wangui	KEN	-----	Chiba	23.11.2006

MARCHE/WALKING EVENTS

5000 m Marche/W	20 :50.03	Chahinez Nasri	TUN	3-06-96	Radés (TUN)	<u>23-03-2021</u>
10,000 m Marche/W	44 :41.8	Grace Wanjiru NJUE	KEN	10.01.79	Thika	5.03.2016
20,000 m Marche/W	1h36 :18.3	Nicole Cronje	RSA	16.06.1983	Durban	17.04.2004
10 Km Marche/W	45 :05.4	Susan Vermeulen	RSA	1973	Bloemfontein	17.04.1999
20 Km Marche/W	1h 30 :40	Grace Wanjiru	KEN	01.01.79	Nairobi	6.06.2018
35 Km Marche/W	3h 42 :04	Esther Sandra Steenkamp	RSA		Cape Town (RSA)	15-01-2021
50 Km Marche/W	4h 48 :00	Nathalie Le Roux	RSA	10-06-82	Taicang	05-05-2018

EPREUVE MIXTE / MIXED EVENT

4X400 m MX	3:13.60	TEAM NIGERIA	NGR		Stade Ol. Tokyo	<u>30-07-2021</u>
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