

# CAA NEWSLETTER

FEBRUARY 2025

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# **SUMMARY**

FEBRUARY 2025

HIGHLIGHTS OF THE 2025 SEASON

Oran, the rendezvous place for youths



Sifan Hassan and Letsile Tebogo named world Athletes of the Year



Letsile Tebogo and Beatrice Chebet on top of Africa



CAA COUNCIL
MEETING:

Competition, 14 media on agenda

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23rd CAA Senior Championship - Douala 2024
The "Stars" confirm their supremacy











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#### Welcome to

#### http://www.caaweb.org

Welcome to the Confederation of African Athletics website which has been revamped to provide better services.

It offers new features and more information about events, statistics. Our concern is to improve the organization of the content. If you have any comments on the website, please let us know

Contact: ourmaba2@outlook.com

# The paths of hope

African athletics has once again scored valuable points during the 2024 season with the holding of its prestigious continental events (23rd edition of the senior African Athletics championships, 6th cross-country championships) and the participation of its elites in the Paris Olympic Games, the Cross-Country and Indoor World Championships. A great performance for the Confederation of African Athletics which manages the continental and international calendar with metronomic carefulness. There has been no shortage of host country for organizing competitions on the continent for more than two decades, Ethiopia, Kenya, Algeria, South Africa, Nigeria, Cameroon, Mauritius have, at least once, hosted the African elite on their soil as well as the supposed "small Athletics countries" such as Benin, Congo, Zambia and Cote d'Ivoire.

Africa was also well represented at the 2024 World Athletics Award with three representatives on the world podium. Letsile Tebogo (Botswana), Olympic 200m champion and 4x400m silver medalist, was crowned Male Athlete of the Year and Men's Track Athlete of the Year. Tamirat Tola (Ethiopia), Olympic marathon champion, was elected Off-stadium Athlete of the Year. Sembo Almayew (Ethiopia), U20 World 3000m Steeplechase Champion and ranked 5th at the Olympic Games, was elected Female Rising Star.

These remarkable performances are the fruits of the development policy efforts implemented by the Confederation of African Athletics (CAA) for many years. The paths of hope are thus traced thanks to three development centers whose vocation is the training of both technical and administrative executives:



Hamad Kalkaba Malboum

- DAKAR, for French and Portuguese speakers
- NAIROBI, for English speakers
- CAIRO, for the Arabic language.

The CAA, through the Development Centers, organizes seminars on Gender leadership every year in order to increasingly reduce the gap that exists between men and women, while recalling that at the level of the authorities, the percentage of women in decision-making positions is respected.

During the African championships and the African Games, the participation of countries and athletes is quite correct and generally out of the fifty-four Federations, the average participation is forty-seven countries. Moreover, it is to allow this massive participation that the CAA has combined the African U18 and U20 championships since 2019. In 2023 in Zambia during the second edition of these combined championships, we recorded the participation of 45 countries. Abidjan had hosted the first edition.

To revive a sport that strongly needs it, Africa has all the assets to remain the locomotive to attract fans and funds. Because, for some time now, athletics has been seeking to revive itself across the world. Hope is therefore allowed for a bright future and a guaranteed succession, thanks to Africa.

### Council Members 2023-2027



Hamad Kalkaba
MALBOUM
President
Cameroon



Jackson Kiprono
TUWEI
Senior Vice-president/
1er Vice-president
Kenya



Amara KHALED
Vice-president
Tunisia





Zakhele
DLAMINI
Vice-president
Eswatini



Bruno KONGA
Vice-president
Republic of Central
Africa



Chief Tonobok
OKOWA
Vice-president
Nigeria



Derartu TULU
Vice-president
Ethiopia



**KOUAME Jeannot** Member Ivory Coast



Siddiq Ahmed IBRAHIM Member Soudan



Erwin
NAIMHWAKA
Member
Namibia



Bienvenue MATENDA Member Congo RDC



Aminata SANGARE Member Mali



Tendai TAGARA Member Zimbabwe





**Christine Samira** IYE Member Tchad



Norolalao RAMANANTSOA Member Madagascar



Mulbah ZAZA Member Liberia



Magda Abdelmohsin **ELKAWAGA** Member Egypt



Nawal El Moutawakel World Athletics representative Morocco



**Beatrice AYIKURO** World Athletics representative Uganda,



**Lamine FATY** General Director / **CEO** Senegal



**Khemraj NAIKO** Athletes' Representative Mauritius

### **Honorary Life Members**

Alaa GHEITA Member Egypte 2 Idrissa BAH Member Mali 3 Mme Giovanna ROUSSEAU Member Seychelles 4 Belaid ABDERRAHMANE Algeria Member 5 Sarifa Abdul MAGIDE FAGILDE Member Mozambique Burkina Faso 6 Komyaba Pascal SAWADOGO Member

# HIGHLIGHTS OF THE 2025 SEASON Oran, the rendezvous place for youths



The African U18/U20 Athletics Championships will take place in Oran (Algeria) from July 14 to 18, 2025. The agreement in principle was given on December 18, 2024 in Tirana by the Minister of Sports and the President of the Federation Algerian Athletics. The CAA Congress will also be held in Oran. The other highlights of the 2025 season can be found in the following calendar:

#### Diamond League: Rabat on May 25

As in previous years, the 2025 Wanda Diamond League will see the world's biggest stars compete across four different continents in 14 of the sport's most prestigious one-day encounters, with the most successful qualification to the final of two days of the Wanda Diamond League in Zurich.

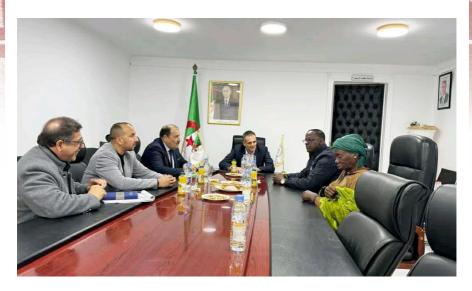
MEETING	PAYS	DATE
Xiamen	CHN	26 April
Shanghai/ Suzhou	CHN	3 May
Doha	QAT	16 May
Rabat	MAR	25 May
Rome	ITA	6 June
Oslo	NOR	12 June
Stockholm	SWE	15 June
Paris	FRA	20 June
Eugene	USA	5 July
Monaco	MON	11 July
London	GBR	19th July
Silesia	POL	16 August
Lausanne	SUI	20 August
Brussels	BEL	22 August
Final in Zurich	SUI	27-28 August

CAA CALENDAR 2025							
I	CHAMPIONNATS CONTINENTAUX /AREA CHAMPIONSHIPS						
N°	Activities/Activités	Dates and Venues					
1	3è championnats d'Afrique combinés U18-U20	14-18 Juillet/July /Oran/ALG					
ш	II COMPÉTITIONS SOUS LABEL WORLD ATHLETICS / COMPETITION						
11	UNDER WORLD ATHLETICS LABEL						
N°	MEETINGS	Dates and Venues/Dates et lieux					
1	Botswana Continental Tour GOLD	12 Avril/April/Gaborone/BOT					
2	KipKeino Classic Nairobi Continental Tour (GOLD)	7 Mai/May/Nairobi/KEN					
3	Meeting Rabat (WA Diamond League)	25 Mai/May/Rabat					
III	COMPÉTITIONS CONTINENTAL TOUR /A	AFRIQUE-AFRICA					
N°	Activities/Activités	Dates and Venues/Dates et lieux					
1	Meeting International de Djibouti(CT SILVER)	28 Fév/Feb/Djibouti					
2	ASA Athletics Grand Prix 1 / Continental Tour Challenge	12 Mars/March/Pretoria/RSA					
3	ASA Athletics Grand Prix 2 (challenge)	19 Mars/March/Johannesburg/ RSA					
4	ASA Athletics Grand Prix 3 (challenge)	16 Avril/April/Bafokeng/RSA					
5	Meeting CT Gabriel THIACOH	19 Avril/ April/ Abidjan					
6	Meeting de Dakar/ Continental Tour Silver	24 Mai/May/Dakar/SEN					
7	Grand Prix de <b>Douala (CT SILVER)</b>	31 Mai/May/Douala(CMR)					
8	Cape Milers Club/Endurocad Middle distance Invitational CT Challenger 1	2-4 Avril/April/TBC					
9	Cape Milers Club/Endurocad Middle distance Invitational CT Challenger 2 incorporating ASA 10000 m	4 Avril/April					
IV	CHAMPIONNATS RÉGIONAUX/ REGION	AL CHAMPIONSHIP					
N°	Activities/Activités	Dates and Venues/Dates et lieux					
1	Western Region/ championnats U18-U20 de la Région 2	Benin ou Nigeria					
2	Central Region/ championnat région centre U18-U20	Mars/March/Brazzaville/CGO					
3	Eastern Region/ championnats U18-U20	12-13 Avril/April/Kampala/UGA					
4	Southern Region/ U18-U20 championships	17-20 Avril/April/ Lieu tbc					
5	Northern Region / championnats -U20	22-24 Aout/August/ Tunis/Tun					

VI	AUTRES COMPÉTITIONS AFRICAINES / COMPETITIONS	OTHER AFRICAN
N°	Activities/Activités	Dates and Venues/Dates et lieux
1	EASt Africa Jean Meda Cross country championships	26 Janv/Addis Abeba
2	East Africa Half Marathon	07/Fév/Feb/ 2025/ Massawa/ERI
3	Reunion Island Cross Country	8 Fév/Feb/
5	Source of the Nile Half Marathon	23 Fév/Feb/ Jinja/UGA
7	18th Ethiopian Half Marathon	1 Mars/March/Tigrai/Eth
8	Championnats des 5 nations	26-27 Avril/ Bobo/ouaga/ BUR
9	Botswana Golden Grand Prix	26 Avril/Apr/Gaborone/BOT
10	Marathon international de Rabat	27 Avril.April/Rabat/MAR
11	Semi-marathon de Conakry	11/Mai/May/conakry/GUI
12	Accra Acces Bank Marathon	Mai/May/ Accra/GHA
13	Semi-marathon International de l'Unité «ONE RUN»	24 Mai/May/Yaoundé
14	Asmara Marathon, 10km course sur route femmes	08 juin/june/Asmara/ERI
15	Meeting International de Yaoundé	29/juin/June/Yaoundé
16	Semi-marathon International de Brazzaville	14 Aout/Aug/ Brazza/CGO
17	ASA Cross country championships	6 sept/mpumlanga/RSA
18	Semi-marathon International de N'Djamena Kousseri	sept/ Tchad
19	Meeting de Fria	11 Octobre/October/Fria/GUI
20	Run in Pointe Noire	25 Oct/Pointe noire/CGO
21	Marathon International de Douala	25-26 Oct/ Douala/CMR
22	Semi-Marathon International du district Autonome d'Abidjan	8 Nov/Abidjan
23	Semi-marathon de Lomé	06 Déc/Lomé/TOG
24	Marathon de Libreville	25 Déc/Dec/Libreville

# U18 AND U20 COMBINED AFRICAN CHAMPIONSHIPS:

## A CAA inspection mission in Algeria



The Confederation of African Athletics (CAA) carried out an inspection mission in Algeria from January 19 to 22, 2025, as part of the organization of its events planned in Oran this year. Indeed, Oran will host the Council meeting (July 11, 2025), the Congress (July 12 and 13, 2025) and the 3rd U18/U20 African Combined Championships from July 14 to 18, 2025).

The mission was led by Director General Lamine FATY, who was accompanied by Fatou SISSOKO, Head of the Technical Department.

The delegation began its mission in Algiers with a working session at the headquarters of the Algerian National Olympic Committee in the presence of its president Abderrahmane Hammad, Yacine Loual, president of the Algerian Athletics Federation and their staff. Questions relating to the specifications

of the championships and the congress, but also on the entry criteria and the terms of participation in these combined championships were addressed by Algerian officials and the CAA delegation.

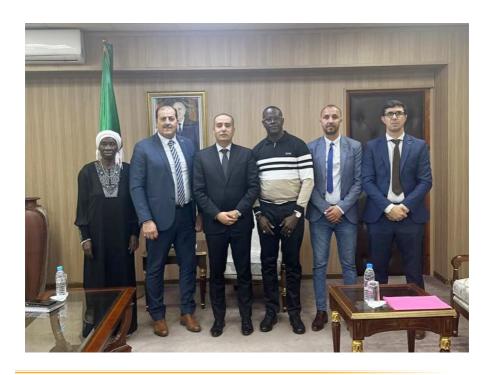
Following these meetings, the CAA mission went to Oran where the competitions will take place, as well as the council meeting and the CAA congress. They could inspect the infrastructure that will host the event.

The Oran Stadium, inaugurated in 2022, remains in excellent condition. It recently hosted the last Mediterranean Games. It is an infrastructure that meets all standards with multiple multipurpose rooms with boxes. The stadium is certified and the list of equipment necessary for the competition is available there.

The athletes' village has a capacity of nearly 5,000 people with double and single rooms that are in very good condition. The village will accommodate athletes and team officials. It was decided that each delegation will be grouped as much as possible in the same sector. The village is very functional and has all the amenities of a 3-star hotel.

A warm welcome was reserved for the CAA delegation, and there were fruitful discussions between the Director General of the CAA and the Algerian officials who committed to ensuring the best possible organization of the next U18 and U20 African Championships, by giving a good image of Algeria and presenting it as a sports destination worthy of the name in Africa.

The stay of the CAA delegation was enhanced by the audience with the Minister of Sports, Walid Sadi who promised to provide all his support to the organization of these events in Oran. He also assured them with the support of the Algerian Government.



#### **WORLD ATHLETICS AWARDS 2024**

# Sifan Hassan and Letsile Tebogo named world Athletes of the Year



Olympic champions Sifan Hassan and Letsile Tebogo have been announced as World Athletes of the Year at the World Athletics Awards 2024 in Monaco.

Following a vote by fans, Hassan and Tebogo received top honours on an evening that saw six athletes crowned in three categories – track, field and out of stadium – before the overall two winners were revealed.

Tebogo was confirmed as men's track athlete of the year, with Sydney McLaughlin-Levrone receiving the women's honour. Hassan claimed the women's out of stadium crown and Tamirat Tola the men's, while Mondo Duplantis and Yaroslava Mahuchikh were named field athletes of the year.

This year's Rising Stars were also celebrated, with Sembo Almayew and Mattia Furlani receiving recognition.

#### THE WINNERS

Women's World Athlete of the Year : Sifan Hassan (NED)

Men's World Athlete of the Year :

Letsile Tebogo (BOT)

Women's track: Sydney

McLaughlin-Levrone (USA)

Women's field: Yaroslava Mahu-

chikh (UKR)

Women's out of stadium: Sifan

Hassan (NED)

**Men's track :** Letsile Tebogo (BOT)

Men's field: Mondo Duplantis (SWE)

Men's out of stadium: Tamirat Tola

(ETH)

Women's Rising Star: Sembo Almayew

(ETH)

Men's Rising Star : Mattia Furlani (ITA)

#### Other award winners

**Coaching Achievement Award:** Trevor

Painter

Woman of the Year: Renee Washington
Photograph of the Year: Michael Steele
Member Federation Award: USA Track

& Field

# Letsile Tebogo and Beatrice Chebet on top of Africa

The Confederation of African Athletics has elected the best athletes, coaches, officials, federations and leaders of the year 2024. Letsile Tebogo (Botswana) and Beatrice Chebet (Kenya) were crowned Best Male Athlete and Best Female Athlete respectively.

#### The winners

**Best African Male Athlete :** Letsile Tebogo, Botswana Olympic Champion in 200m

**Second :** TAMIRAT TOLA, Ethiopia Olympic Champion in the Marathon

**Third:** EMMANUEL WANYONI, Kenya Olympic Champion in 800m

**Best African Female Athlete:** BEATRICE CHEBET, Kenya Olympic Champion in the 5000m and 10000m, World record women in the 10000m

**Second :** RUTH CHEPNGETICH, Kenya World record women in the marathon

**Third:** FAITH KIPYEGON, Kenya World champion in the 1500m, World record women in the 1500m

African male rising athlete: BAYANDA WALAZA Republic of South Africa U20 world champion in the 100m, 200m and 4x100m Olympic medalist in the 4x100m

**African female hopeful athlete :** MADINA EISSA, Ethiopia U20 world





champion in 5000m

**Best African Coach :** Thabo Matebedi, Republic of South Africa

**Best African Official :** Suren Ayadassen, Mauritius

**Best African leader :** Bawah Fuseini Ghana

**Best African Development Federation :**ATHLETICS SOUTH AFRICA

**Second :** FEDERATION TUNISIENNE D' ATHLETISME

 $\label{thm:constraint} \textbf{Exceptional mention of encouragement:} \\ \textbf{Yaw Agyeman, Ghana}$ 

# Letsile Tebogo, a season of historic achievement

A season of historic achievement by 21-year-old Letsile Tebogo was richly acknowledged in Monaco on Sunday (1) as he was announced as the men's World Athlete of the Year at the World Athletics Awards 2024.

Tebogo, who also accepted an award as men's track athlete of the year, earned Botswana's first Olympic gold medal in any sport as he won the 200m at the Paris Games in an African record of 19.46.

The next day he helped Botswana reach the men's 4x400m final, where his extraordinary final leg earned silver behind the United States in an African record of 2:54.53. His split of 43.04 is among the fastest ever recorded.

Tebogo's Paris showing – which was marked with a national holiday – had begun with a sixth-place finish in the 100m final in a national record of 9.86.

Speaking on stage at the Theatre Princesse Grace in Monaco, Tebogo – who had dedicated his Olympic performances to his late mother Seratiwa – said: "It feels good to know that what you have been putting in throughout the year is now giving you some of the fruits that you have been waiting for. I'm grateful for the team that was around me."



Looking ahead, he added: "I believe the next year is going to be a different Letsile; he's going to be a changed and a mature one."



#### CAA COUNCIL MEETING:

## Competition, security and media on agenda



The opening ceremony of the CAA council took place Thursday June 20, 202 at the Crystal Palace hotel in Douala in the presence of Sebastien Coe, president of World Athletics, Hamad Kalkaba Malboum, president of the African Athletics Confederation (CAA), the governor of the city of Douala, the representative of the Ministry of Sports and the president of the Cameroonian athletics federation.

Several points were on the agenda for discussions, including the revision of the statutes and internal regulations of the CAA, the awarding of the 2026 senior African athletics championships and the U18 African athletics championships. and I120 etc

Madagascar should host the U18 and U20 meeting in 2025 for having been the only candidate in the running. He withdrew to

make way for Algeria. Thus, Oran will be the meeting place for young people.

For the competition reserved for the continental elite, Botswana and Ghana were in the race for the organization. Ultimately, Ghana was chosen to take over from Yaoundé 2024, following the vote.

During this meeting of the council of the Confederation of African Athletics (CAA), it was a question of discussing the protection of athletes in office. For President Hamad Kalkaba Malboum, several athletes are often victims of numerous situations that damage their image. "We can cite, among other things, sexual harassment and many other degrading things," he said, before continuing "athletes are not only champions or stars. But they also attract evil spirits, so we need to put in place a sustainable way to protect them."

The CAA Council meetings were also an opportunity to debate the role of the media in the promotion of sporting events and the development of athletics. Subjects which are very important for the CAA.

The 23rd African Senior Athletics Championships, with 49 countries present on Cameroonian soil, kicked off on Friday June 21, 2024 at the Japoma Stadium in Douala.







# BAWAH FUSEINI, PRESIDENT OF GHANA ATHLETICS:

### « I am so grateful to President Hamad KALKABA MALBOUM »

After hosting the African Games last March in Accra, Ghana won the organization of the senior African athletics championships in 2026. The decision was taken by the Council of the African Athletics Confederation, meeting in Douala, in Cameroon. Ghana competed with Botswana. He obtained 12 of the 15 votes of the members of the Council of the body. The president of the Ghanaian federation, Bawah FUSEINI, specified that the event will take place in the capital Accra.



Ghana lifted a sterling victory in the boardroom. How prepared are you to host the next edition?

In terms of infrastructure, I can say we are

prepared. But you can't say it is acquired until you get it executed. So we will go back to Ghana and we will plan with our government to see how financially they can support us. In terms of human capacity, we got a very rich human capacity in Ghana. It's going to be lovely more than what we did in African Games, I want to beat Cameroon in terms of organization. We also learnt a lot coming here. The CAA has honored me and giving me the organization of that competition. This is my first time of playing that role. I have learned so much, I will also like to take this opportunity to thank President KALKABA, the Senior Vice-President, General Jackson Kiprono TUWEI and others. The Cameroonian Athletics has been of incredible support to me since we came here. They were so supportive and the Director General of CAA, Lamine FATY, was very supportive. They supported me to make sure that I did what I was supposed to do. So I am so grateful of what i have learnt here. I Will go back to my country Ghana to implement what I have acquired so far. The next time you are in Ghana, you will see what I got here has been implemented in Accra.

What is your overall impression of Douala 2024 Championships as regards organization and performance of athletes?

Athletes performed well. There were some hitches, but there is no competition without hitches. The most important thing is how to be able to meet the challenges. How you face

the obstacles is what makes the difference and you guys have made a difference.

# Did the performance of Ghanaian athletes meet your expectations?

They are meeting our expectations. But we wanted to qualify for the female 100 m. We did not get it but we won a gold and silver medal. That's was very good. We got a couple of medals at the men one hundred meters and women. We also expected other medals. Overall, it is better than what we did in the last competition in Mauritius.



## The "Stars" confirm their supremacy



The African Championships in Douala (June 21-26) witnessed the continent's experienced athletes assert their supremacy in their respective events. Triple jump world champion Hugues Fabrice Zango (Burkina Faso) and hammer thrower Mostafa Elgamel (Egypt) were crowned for the third time. Odile Ahouanwanou has written a beautiful story for Benin. She has a third victory in the heptathlon after Asaba in Nigeria in 2018 and Saint-Pierre, in Mauritius in 2022. The javelin world champion in 2015 Julius Yego (Kenya) brought his total of African Champion titles to five. The prize goes to the Algerian Larbi Bourrada (Decathlon), six-time African champion in 2008 in Addis Ababa, in 2010 in Nairobi, in 2014 in Marrakech, in 2018 in Asaba, in 2022

#### in Saint-Pierre and in 2024 in Douala.

The news that social networks relayed spoke much more about shortcomings in the organization than about the athletes' performances. However, on the track and in the workshops of other disciplines, the athletes gave the best of themselves. Liberia's Joseph Fahnbulleh achieved a historic double in the sprint with 10"13 in 100m and 20"25 in 200m. Undoubtedly, he left his mark on the competition and emerged as one of the great hopes of the Continent.

Odile Ahouanwanou from Benin, a big favorite in the Heptathlon, confirmed her rank by dominating in all events with 5777 points. On the podium, we find the reigning African vice-champion, South Africa's Shannon Verster who ranked 3rd just behind the Cameroonian prodigy Adèle Mafongang. It should be noted that Odile Ahouanwanou will take part in the next Paris 2024 Olympic Games thanks to the ranking where she is classified among the best. The Senegalese Louis François Mendy (13"49 in 110m hurdles), Cheikh Tidiane Diouf (45"23 in 400m) and Saly Sarr (14m06 in Triple jump) left Douala with the continental recognition for the first time. Senegalese athletics, losing momentum, seems to be reborn from its ashes... Gambia's Gina Bass confirmed her status as Queen of African sprinting by dominating the 100m in 11"14. Her duel with Ivorian



Marie-Josée Talou was very much expected but the latter withdrew after having won her heat. And unsurprisingly, Burkina's Hugues Fabrice Zango, thanks to a jump of 17m18, is crowned African champion in the Triple jump and retains his title. He is also the outdoor triple jump world champion in 2023, the indoor world champion in 2024. He is also the first Olympic medalist (bronze medal) in the history of Burkina Faso and the world record holder for indoor triple jump, performed in 2021 in Aubière in France with a jump of 18m07m. His presence enhanced the Cameroonian rendezvous. Just like that of Botswana's sprinter Letsile Tebogo, the African record holder over 200 m and double medalist over 100m and 200m during the 2023 World Athletics Championships. He easily passed his heat, but he did not want to continue the competition. He participated in the 4x100m relay and even helped set a new national record. In the final, his team was disqualified for dropping the baton during the race. Tebogo did not want to take any risks a few weeks before the Paris Olympics which constitute the objective of several contenders for the Olympic Podium. Nigeria's Tobi AMUSAN (African number 1 in the 100m hurdles) preferred to participate only in the 4x100m relay to bring Gold to her team.









At the end of this 23rd edition, South Africa, Kenya and Nigeria showed their ambitions. And it is logical that they take the 3 places on the African podium.

#### MEDAL/TABLE

RANG CLASS.	PAYS / COUNTRIES	CODE	OR / GOLD	ARGENT / SILVER	BRONZE	TOTAL
1	REPUBLIQUE SUD AFRICAINE	RSA	09	04	06	19
2	KENYA	KEN	05	07	07	19
3	NIGERIA	NGR	05	06	04	15
4	ETHIOPIE	ETH	04	05	04	13
5	ALGERIE	ALG	03	03	03	09
6	LIBERIA	LBR	03	01	01	05
7	SENEGAL	SEN	03	-	-	03
8	BOTSWANA	BOT	02	03	01	06
9	GHANA	GHA	02	01	-	03
10	OUGANDA	UGA	02	-	03	05
11	EGYPTE	EGY	01	02	03	06
12	DJIBOUTI	DJI	01	01	02	04
12	COTE D'IVOIRE	CIV	01	01	02	04
14	BURKINA FASO	BUR	01	01	-	02
15	GAMBIE	GAM	01	-	-	01
15	BENIN	BEN	01	-	-	01
17	CAMEROUN	CMR	-	03	04	07
18	MAROC	MAR	-	02	01	03
18	ZAMBIE	ZAM	-	02	01	03
20	ZIMBABWE	ZIM	-	02	-	02
21	NAMIBIE	NAM	-	01	01	02
22	MALI	MLI	-	01	-	01
22	TUNISIE	TUN	-	01	-	02
24	MALAWI	MAW	-	-	1	01
24	MADAGASCAR	MAD	-	-	01	01
24	GUINEE	GUI	-	-	01	01

NB: TWENTY-SIX COUNTRIES ARE IN THE MEDAL RANKING

# AFRICA AT THE PARIS OLYMPICS **8 Gold, 9 Silver, 7 Bronze**

Africa's participation in the Paris Olympic Games in 2024 was good under the leadership of Kenya (4 Gold, 2 Silver, 5 Bronze) followed by Ethiopia (1 Gold 3 Silver), Botswana (1 Gold 1 Silver), Uganda (1 Gold, 1 Silver), Morocco (1 Gold), South Africa (2 Silver), Algeria (1 Bronze) and Zambia (1 Bronze). Kenyan Béatrice Chebet was the big attraction in the long-distance races with a double in the 5000m and 10,000m. Letsile Tebogo of Botswana signed a historic feat by winning Gold in the 200m, at the same time offering the first Olympic coronation to her country.

#### THE MEDALS:

#### **KENYA**

ATHLETE	SEX	DISCIPLINE	MEDAL
Emmanuel WANYONYI	M	800 Metres	Gold
Faith KIPYEGON	W	1500 Metres	Gold
Beatrice CHEBET	W	5000 Metres	Gold
	W	10,000 Metres	Gold
Ronald KWEMOI	M	5000 Metres	Silver
Faith KIPYEGON	W	5000 Metres	Silver
Benson KIPRUTO	M	Marathon	Bronze
Abraham KIBIWOT	M	3000 Metres Steeplechase	Bronze
Mary MORAA	W	800 Metres	Bronze
Hellen OBIRI	W	Marathon	Bronze
Faith CHEROTICH	W	3000 Metres Steeplechase	Bronze

#### **ETHIOPIE**

ATHLETE	SEXE	DISCIPLINE	MEDAL
Tamirat TOLA	M	Marathon	Gold
Berihu AREGAWI	M	10,000 Metres	Silver
Tsige DUGUMA	W	800 Metres	Silver
Tigst ASSEFA	W	Marathon	Silver

#### **BOTSWANA**

ATHLETE	SEX	DISCIPLINE	MEDAL
Letsile TEBOGO	M	200 Metres	Gold
BOT	M	4x400 Metres Relay	Silver

#### **OUGANDA**

ATHLETE	SEX	DISCIPLINE	MEDAL
Joshua CHEPTEGEI	M	10,000 Metres	Gold
Peruth CHEMUTAI	W	3000 Metres Steeplechase	Silver

#### **MAROC**

ATHLETE	SEX	DISCIPLINE	MEDAL
Soufiane EL BAKKALI	M	3000 Metres Steeplechase	Gold

#### AFRIQUE DU SUD

ATHLETE	SEX	DISCIPLINE	MEDAL
RSA	M	4x100 Metres	Silver
Jo-Ane VAN DYK	W	Javelot	Silver

#### **ALGERIE**

ATHLETE	SEX	DISCIPLINE	MEDAL
Djamel SEDJATI	M	800 Metres	Bronze

#### **ZAMBIE**

ATHLETE	SEX	DISCIPLINE	MEDAL
Muzala SAMUKONGA	M	400 Metres	Bronze





#### WORLD INDOOR CHAMPIONSHIPS

### A good harvest for Africa

Africa returned from the World Indoor Championships (Glasgow 2024 from March 1 to 3) with a harvest of 3 Gold, 2 Silver, 3 Bronze.

Ethiopia (2 Gold, 1 Silver, 1 Bronze), Burkina Faso (1 Gold), Algeria (1 Silver), Benin (1 Bronze) and Kenya (1 Bronze) thus enabled Africa to appear in the Medal Table. The United States (6 Gold), Belgium (3 Gold) and New Zealand (2 Gold) occupy the final podium.

The women's 800m revealed a new star, Ethiopian Tsige Duguma who became Ethiopia's first women's indoor world champion in this discipline and her country's



first gold medalist in Glasgow. Triple jumper Hugues Fabrice ZANGO struck hard again by offering Burkina Faso the Gold medal, after his coronation at the Eugene Outdoor World Championships. Beninese Noélie YARIGO made her country history by winning the Bronze medal in the 800m.

#### **AFRICAN MEDALS:**

#### **ETHIOPIA**

ATHLETE	SEX	DISCIPLINE	MEDAL
Tsige DUGUMA	W	800 Metres	Gold
Freweyni HAILU	W	1500 Metres	Gold
Gudaf TSEGAY	W	3000 Metres	Silver
Selemon BAREGA	M	3000 Metres	Bronze

#### **BURKINA FASO**

ATHLETE	SEX	DISCIPLINE	MEDAL
Hugues Fabrice ZANGO	M	Triple Jump	Gold

#### **ALGERIA**

ATHLETE	SEX	DISCIPLINE	MEDAL
Yasser Mohammed TRIKI	M	Triple Jump	Silver

#### **BENIN**

ATHLETE	SEX	DISCIPLINE	MEDAL
Noélie YARIGO	W	800 Metres	Bronze

# CROSS-COUNTRY WORLD CHAMPIONSHIPS **Africa on Top**



Africa confirmed its supremacy during the world cross-country championships held on March 30, 2024 in Belgrade (Serbia). All five titles at stake were won by Africans.

Ugandan Jacob Kiplimo and Kenyan Beatrice Chebet retained their titles in the "AS" races.

They were ten to be dreaming of the title. At the bell, Jacob Kiplimo, the defending champion, accelerated the pace and stretched the leading group to offer himself a second world title in 28:09, the 3rd in a row for his country, after that of Joshua Cheptegei in 2019. The Ethiopian Berihu Aregawi took 2nd place in 28:12, while Kenyan Benson Kiplangat was 3rd in 28:14.

We were expecting the dual between Beatrice Chebet, 5 km world record holder and reigning world champion, and her compatriot Agnes Jebet Ngetich in the Ladies. This race indeed quickly turned into a Kenyan championship. And after ten minutes of running, only ten of them were

at the front. With their frantic pace, after mid-way, all the non-Kenyans were left behind. Chebet was crowned in 31:05; her compatriots Beatrice Kasait Rengeruk and Margaret Chelimo Kipkemboi finished in 2nd and 3rd place respectively.

The junior women's race was marked by an Ethiopian triple. Marta Alemayo dominated the race in 19:28, ahead of Asayech Ayichew by four seconds and Robe Dida by ten seconds.

Among the men, it was the Kenyan Samuel Kibathi (22:40) who dominated the race in a very close match with the Ethiopian Mezgebu Sime (22:41). The Kenyan Matthew Kipkoech Kipruto took 3rd place by completing his race in 22:46.

The mixed relay was won by Kenya (22:15) ahead of Ethiopia (22:43) and Great Britain (23:00).

# 6<sup>TH</sup> AFRICAN CROSS-COUNTRY CHAMPIONSHIPS **Kenya imposes its power**

The 6th African Cross-country Championships took place in Hammamet, Tunisia on Sunday February 25. 2024. Kenva confirmed its supremacy ahead of **Ethiopia** and Uganda. Only nations took part in these resumption



championships after the interruption due to Covid.

If the number of participants was not significant, however, the quality was there with the participation of the great African and world cross-country nations.

The golf course was simply extraordinarily beautiful. The number of natural obstacles and the variety of the course made this edition one of the best in African cross country.

Even the sometimes very strong wind could not prevent the athletes from giving their best, as demonstrated by the quality of the results.

It must be said also, that the perfect organization of the Tunisian federation and the warm welcome, had a lot to do with this great success.

#### RESULTS

#### 10 km Men

- 1. VINCENT KIBET Langat Kenya 00:28:31.28
- 2. NAIBEI KIPLIMO Mayabei Kenya 00:28:40,27
- 3. GEMECHU DIDA Diriba Ethiopia 00:28:57.23
- 4. CHEBET Abel Uganda 00:29:01,81
- 5. VINCENT Kimaiyo Kenya 00:29:04,10

#### 10 km Women

- 1. CHEPNGENO Cintia Kenya 00:32:31,04
- 2. NYAMBURA Virginia Kenya 00:32:33,45

- 3. AZIMERAW Asires Degitu Ethiopia 00:33:03,95
- 4. MONGARE Gladys Kwamboka Kenya 00:33:10,18
- 5. DESSIE Genaneh Anchinalu Ethiopia 00:33:25.87

#### 8km U20 boys

- 1. KIPNGETICH Gideon Kenya 00:23:16,34
- 2. RUTO Joash Kiprotich Kenya 00:23:17,31
- 3. KIPROTICH Titus Kenya 00:23:18,02
- 4. MAYWA Simon Kenya 00:23:21,96
- 5. HAGOS EYOBE Gared Ethiopia 00:23:24,85

#### 6km U20 girls

- 1. DIRIBA ROBE Dida Ethiopia 00:20:59,33
- 2. ADEMAS YENENESH Shimket Ethiopia 00:21:00,18
- 3. DAGNAW TINEBEB Asres Ethiopia 00:21:00,56
- 4. YADETI MEKEDES Alemeshete Ethiopia 00:21:02,16
- 5. OLEKABA KOKBE Abera Ethiopia 00:21:03.05

#### Mixed RELAY

Kenya 00:23:29.13

Ethiopia 00:23:46.41

Morocco 00:23:49.57

Tunisia 00:24:55.05



### Africa received in great pomp by the IOC President



Mustapha Berraf, President of ANOCA and IOC Member and Hamad Kalkaba Malboum, President of the National Olympic and Sports Committee of Cameroon (CNOSC), President of the Confederation of African Athletics (CAA) and President of the Association of African Olympic Sports Confederations (CASOL) received, on 7 January 2025 in Lausanne, an extremely warm welcome by Dr Thomas Bach, President of the IOC.

A working session of almost one hour and thirty minutes (1h30) followed the moment of civility in the Office of the IOC President in the presence of the Director of Sports and the Director of Olympic Solidarity. At the conclusion of this fruitful working session, President Thomas Bach decided to give his full support to CASOL and to work to ensure that the African Games qualify for the Olympic Games, starting with the Los Angeles 2028 Olympic Games.

To this end, a series of consultations will begin in February 2025 between the main stakeholders in the process. Qualification through the Continental Games will also extend to other continents: Europe, Asia, America, Oceania. In short, it was a historic meeting between the main leaders of the African Olympic Movement and the President of the World Olympic Movement.

Africa honors Hamad Kalkaba. The President of the Cameroonian National Olympic Sports Committee (CNOSC) and also President of the Confederation of African Athletics, Hamad KALKABA MALBOUM was elected on October 12, 2024, Pioneer President of the Confederation of African Olympic Sports (CASOL). The ceremony took place in Yaoundé during the General Assembly of the Association of National Olympic Committees of Africa (ANOCA), in the presence of Mustapha Berraf, the President of ANOCA.





Calixte Aholu is the new technical manager of AADC Dakar. He replaces the Frenchman Alain Smail who retired after several years of managing this position. At 50, Calixte Aholu, of Togolese origin, has a solid education and wide experience gained in France, in the United States and in Italy. As a coach, he specialized in Sprint, Hurdles, Jumps, Throws and endurance events.

His expertise in high-level sport management should be beneficial to the Dakar Center, many residents of which recently participated in the Paris 2024 Olympic Games. He speaks French, English, Spanish and Italian

and is proficient in information technology. AADC Dakar, under the supervision of the Confederation of African Athletics (CAA), is led by Amadou Dia Ba, Olympic vice-champion in 400m hurdles in Seoul 1988.

# Méité Ben Youssef appointed Director of the AADC Abidjan



The Executive Committee of the Ivorian Athletics Federation (FIA) held its Ordinary General Assembly on Saturday, October 12, 2024, in room 20 of the National Institute of Youth and Sports. During this meeting, President Jeannot Kouamé Kouadio announced the appointment of Méité Ben Youssef, distinguished sprinter and former captain of the Côte d'Ivoire national team, as Administrative Director of the African Athletics Development Center in Abidjan (AADC).

Created by the Confederation of African Athletics (CAA) and housed at the INJS, this center has welcomed its first six (6) residents since last year. This announcement was welcomed by Méité Ben Youssef. "I am very happy. It is a new challenge. I was an athlete for a long time, I also started

management a while ago with my company. The combination of the two experiences will give something good. I am convinced of it. I have proven myself in athletics in Ivory Coast so I think it is very good news. I will not say that everything will change overnight but things will go for the better," he early declared.

#### **IVORIAN ATHLETICS CENTER**

## **CAA CEO** gives wise advice to residents

On the sidelines of the 20th edition of the International Half Marathon of the 'District Autonome d'Abidjan', the CAA CEO, Mr Lamine Faty visited the residents of the Ivorian Athletics Center located at the National Institute of Youth and Sports (INJS) in Marcory, Abidjan this Sunday, November 10, 2024.

Accompanied by Jeannot Kouadio, the President of the Ivorian Athletics Federation (FIA), Mr Lamine Faty, on behalf of Mr Hamad Kalkaba Malboum, the President of the Confederation of African Athletics (CAA), gave wise advice to the six residents of the said center. The CAA CEO invited the athletes to discipline and work: "Discipline is respect for hierarchy and authority. You have a duty to follow the instructions of your coaches. I am very well placed to tell you this. Do not forget that you represent the

image of Côte d'Ivoire and your family. You have a challenge to take up," he said before continuing: "Put yourself at the service of your nation. You have the full support of President Kalkaba Malboum. He is very happy with this project that is taking shape here in Abidjan."

He also took that opportunity to reiterate all the satisfaction of the CAA towards the Ivorian Athletics Federation and its president, Jeannot Kouadio. As for the head of Ivorian athletics, he promised a reassuring future for these athletes who are residents of the Ivorian Athletics Center managed by the former African champion, Meité Ben Youssef.



### **AFRICAN GAMES**

# **Gina Bass and Louis F. Mendy put on the show**



The residents of AADC Dakar performed well during the African Games which took place in Accra (Ghana). Thus, Louis François Mendy from Senegal won Gold in the 110m hurdles with a time of 13"61. Gina Bass of Gambia flew through the women's 100m and 200m finals, clocking 11.36 and 23.13 respectively. Sidonie FIADANANTSOA from Madagascar finished 2nd in the 100m hurdles final in 13"19 behind world record holder Tobi Amusan from Nigeria (12"89). Saly Sarr from Senegal took the bronze medal in the Triple Jump by landing 13m60.



#### RESULTS OF ATHLETES FROM THE DAKAR CENTER

NAME	FIRST NAME	PERFORMANCE	WIND	SCHOLARSHIPS	
MENDY	LOUIS FRANCOIS SEN	Série: 13.54 (1 <sup>er</sup> )  Finale: 13.61 (1 <sup>er</sup> )	-1.2 m.s -1.1. m.s	SO	
	TRAITCOIS SEIV	Série : 11.35 (1 <sup>ère</sup> )	-0.9 m.s		
BASS	GINA GAM	½ finale: 11.37 (1 <sup>ère</sup> )	-1.9 m.s	SO	
		Finale: 11.36 (1 <sup>ère</sup> )	-1.3 m.s		
		Série : 23.35 (1 <sup>ère</sup> )	- 0.6 m.s		
BASS	GINA GAM	½ finale: 23.42 (1 <sup>ère</sup> )	- 4.1 m. s	so	
		Finale: 23.13 (1 <sup>ère</sup> )	- 2.6 m. s		
FIANANTSOA	SIDONIE MAD	Série: 13 .19 (1 <sup>ère</sup> )	- 2.0 m. s	CONFEJES	
FIANANISOA	SIDONIE MAD	Finale: 13.19 (2 <sup>ème</sup> )	- 2.1 m.s	CONFEJES	
SARR	SALY SEN	Finale: 13m 60 (3e)		CONFEJES	
	CLAUDINE	Série: 11.70 (3 <sup>ème</sup> )	-0.9 m.s		
NJARASOA	MAD	½ finale: 11.59 (2 <sup>ème</sup> )	-1.3 m.s	CONFEJES	
	WINED	Finale: 11.55 (4 <sup>ème</sup> )	-1.3 m.s		
	CLAUDINE	Série: 23.94 (2 <sup>ème</sup> )	-1.4 m.s		
NJARASOA	MAD	½ finale : 23.37 (1 <sup>ère</sup> )	- 2.3 m.s	SO	
		Finale: 23.82 (6 <sup>ème</sup> )	- 2.6 m. s		
BADAMASSI	SAGUIROU	Série: 13.92 (2 <sup>ème</sup> )	-1.2 m.s	CONFEJES	
<i>B1</i> 107 1117 1001	NIG	½ finale: 13.89 (5 <sup>ème</sup> )	- 1.1 m.s	CONFESES	
MULAMBA	DOMINIQUE RDC	Série: DQ (100m)		CONFEJES	
MULAMBA	DOMINIQUE	Série: 21.14 (2 <sup>ème</sup> )	-1.0 m.s	CONFEJES	
MULAMIDA	RDC	½ finale : 21.19 (6 <sup>ème</sup> )	-2.2.m.s	CONFEJES	
ABDOUL	FAYZA TOG	Triple saut : 13m23 RN		CONFEJES	
ABDOUL	ratza 100	Longueur: 6m03 (7 <sup>ème</sup> )			
NGORAN	NEHEMIE CIV	Série: 10.64 (7 <sup>ème</sup> )	-0.1 m.s	CONFEJES	
NOOKAN		Série: 21.79 (4 <sup>ème</sup> )	-2.0 m.s	CONTESES	
NAYO	MEDARD TOG	Série: 10.72 (5 <sup>ème</sup> )	-1.1 m.s	CONFEJES	
HOUNTHON	EDMOND BEN	Série: 48.20 (6 <sup>ème</sup> )		CONFEJES	
ANTHONY	AMELIE MAU	Série: 12.30 (6ème)	-0.8 m.s	CONFEJES	
SICCOBO	DYLAN	Série: 11.06 (6ème)	-1.7 m.s	CONFEJES	
HERVERGE	ETAME	Non qualifiée		CONFEJES	
SANGARE	ISSA MLI	Blessé		CONFEJES	

#### 2024 OLYMPICS

### **AADC'S PARTICIPATION IN FOCUS**

The 2023-2024 season saw the participation of six residents of AADC Dakar in the 2024 Olympic Games.

Four achieved the minimums or placed in the World Ranking (Gina BASS from Gambia, Louis François MENDY from Senegal, Sally SARR from Senegal and Sidonie FIADANANSOA from Madagascar and two representing their country Dylan SICOBO from Seychelles and Dom MULAMBA from DR CONGO.

The Dakar center is headed by Amadou Dia Ba, Olympic vice-champion in the 400m hurdles in 1988. Frenchman Alain Smail is the technical manager.

#### PERSONAL RECORD AND WORLD RANKING

NAME	PERFORMANCE	RECORD	POINTS	RANKING MONDIAL
GINA BASS	10"93	NR	1210	18 <sup>ème</sup>
MENDY L.F	13"18	NR	1294	20 <sup>ème</sup>
SALY SARR	14m18	RP	1136	25 <sup>ème</sup>
FIADANANTSOA	12"85	RP	1240	37 <sup>ème</sup>
SICOBO DYLAN	10.33	RN	1047	1052 <sup>ème</sup>
MULAMBA DOM	10.48	RP	1047	553 <sup>ème</sup>

#### **PARTICIPATION IN THE PARIS 2024 Olympic Games**

NAME	DATE	PERFORMANCE		PLACE	WIND
GINA BASS	04/08/24	Série :	11.01	1	-0.2
		½ finale:	11.10	3	-0.1
GINA BASS	06/08/24	Série :	22.84	3	+0.5
		½ finale:	22.66	4	+0.1
MENDY L.F	04/08/24	Série :	13.31	1	0.0
	07/08/24	½ finale:	13.34	3	-0.1
SALY SARR	02/08/24	Qualification:	13m96	9	-0.3
FIADANANTSOA	02/08/24	Série :	12.92	5	-0.1
	03/07/24	Repéchage:	13.12	6	-0.2
SICOBO DYLAN	05/07/24	Qualification:	10.62	3	
SICOBO D'ILAN	03/07/24	Série :	10.51	5	
MULAMBA DOM	05/07/24	Qualification : DQ			

#### **OBITUARY**

### Kelvin Kiptum's tragic death

Kenya's Kelvin Kiptum, the marathon world record holder, died in a road accident on Sunday, February 11 in his country. In addition to Kiptum, his coach, Rwanda's Gervais Hakizimana, also died in the accident.

Last October, the Boston Marathon favorite, Kelvin Kiptum exceeded all expectations by breaking the world record previously held by legend Eliud Kipchoge. With a time of 2:00:35, he beat the previous record set in 2022 by almost one minute, and came close to the two-hour mark.

Tributes to the Kenyan prodigy have increased these recent hours. Marathon legend, Kenya's Eliud Kipchoge said he was "deeply saddened". "He had his whole life



ahead of him to achieve excellence," said the double Olympic marathon champion (2016, 2021), who has his training camp in Kaptagat, not far from the scene of the accident in western Kenya.

Kenya's Kelvin Kiptum (24) was the favorite for the Olympic title at the Paris Olympics marathon this summer.

## **Death of champion Jacques Freitag**

South African high jumper Jacques Freitag has died at age 42. Jacques Freitag, African high jump record holder (2m38) died tragically. After missing for two weeks, he was found dead with gunshot wounds in Pretoria.

Freitag's sister, Chrissie Lewis, had appealed for help on social media to find Freitag, who disappeared in the early hours of June 17 after leaving her mother's house. Chrissie Lewis said Freitag struggled with drug addiction after his athletic career ended.



### **Beatrice Chebet smashes world 5 km record**

Olympic 5000m and 10.000m champion Beatrice Chebet ended her year on a high by running a stunning 13:54 to shatter the world 5km record at the Cursa dels Nassos, a World Athletics Label road race, in Barcelona on Tuesday (31).

In doing so, the 24-year-old Kenyan bettered the previous record by 19 seconds. The two-time world cross-country champion, who holds the world 5000m record at 14:05.92, also became the first woman to beat 14 minutes for the distance on any surface, track or road.



